



MYCo

Meet Your Colleague



[meetYourColleague](https://www.meetYourColleague.eu)



[meetyourcolleague.eu](https://www.meetyourcolleague.eu)



STATE OF THE ART

We are excited to share the latest updates from the MYCo – Meet Your Colleague

Over the past months, our partnership has been actively working on developing **practical and innovative tools to support generational inclusion and diversity in the workplace**. From research to training design, MYCo continues to move from concept to concrete results.



Training in Porto

From 3 to 5 December 2025, MYCo partners met in Porto, Portugal, for the Training Generational Inclusion Workshop for Partners. The meeting focused on the presentation and testing of the Training on Generational Inclusion and Diversity modules developed within the project. Partners collaboratively reviewed the content, tested interactive activities, and worked together on improving support tools and developing practical guidelines for inclusive workshops.

MYCo Generational Handbook

We are proud to announce that the Welcome to the MYCO Generational Handbook is now available **online**.

This practical resource is designed for HR professionals, trainers, facilitators, and employers who wish to better understand intergenerational dynamics and foster inclusive workplaces. The Handbook offers concrete strategies, tools, and reflection frameworks to address generational diversity while moving beyond stereotypes.

The Transnational Report on Generational Diversity

The Transnational Report on Generational Diversity is available on the project website.

The research involved **five** countries and **150 workers**, aiming to provide a European overview of the current situation regarding generational differences in the workplace.



This study was conducted to support the development of the Handbook on Generational Differences, ensuring that its content and strategies are grounded in real experiences and identified needs.

The aggregated results of the closed-ended questions are accessible online in an interactive format, allowing immediate exploration of emerging trends. The open-ended responses were analysed by partners in local country reports, each linked to the respective country involved in the project. These reports, together with the desk research, are available for individual download.

It is important to underline that the research was not conducted by sector professionals and may not follow ideal methodological rigor. However, it offers a realistic and honest picture of the current situation and the needs that emerged.

Find the result on our website!

Visit:

meetyourcolleague.eu

Get Involved

Follow us on social media and visit our website for resources, research findings, and event announcements.

Let's work together to bridge generational gaps in the workplace!



[meetYourColleague](https://www.facebook.com/meetYourColleague)

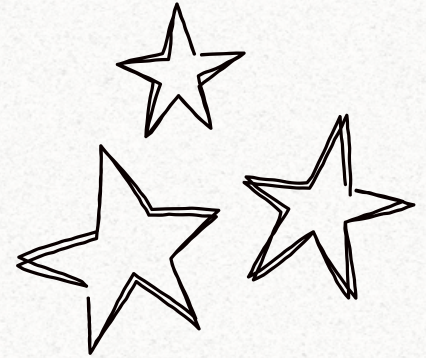


meetyourcolleague.eu





MYCo Team



Diciannove Società Cooperativa
Genova, Italy
<https://19.coop/>



CWEP
Rzeszów, Poland
<https://cwep.eu/>



Ballyhoura Development CLG
Limerick, Ireland
<https://www.ballyhouradevelopment.com/>



E&D Knowledge Consulting
Valbom, Portugal
<https://ed-knowledgeconsulting.com/>



**assist Gesellschaft für
Personalentwicklung und Unternehmensberatung mbH**
Paderborn, Germany
<https://www.international-hr.de/>



Co-funded by
the European Union



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.