



## MYCo

Meet Your Colleague



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## What is MYCo about?

We are thrilled to launch the first newsletter of Meet Your Colleague (MYCO), an Erasmus+ project focused on **generational inclusion and diversity in the workplace**. Over the next months, we will develop innovative tools - including a **Handbook, interactive training activities, and a digital game** - to foster empathy, collaboration, and understanding across generations.



## Project Overview

MYCO addresses workplace diversity by breaking down generational stereotypes and promoting inclusion through communication, technology, and mentorship. By integrating intersectional perspectives, we aim to create healthier, more inclusive work environments across Europe.

## Key Objectives

Conduct transnational research on generational differences in the workplace.

Develop a Handbook on Generational Inclusion and Diversity for employers, HR professionals, and trainers.

Create interactive training activities and a MYCO game to facilitate intergenerational collaboration.

Build digital tools (web applications) to make resources accessible to all.



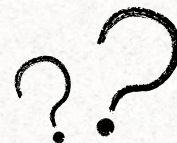


# Kick-Off Meeting in Genova

The MYCO journey officially began with our Kick-Off Meeting in Genova (Italy), hosted by Diciannove Società Cooperativa. Partners from Italy, Poland, Ireland, Portugal and Germany gathered to:

- Finalize project roles and responsibilities.
- Plan the transnational research phase.
- Discuss the structure of the Handbook and training activities.
- Set timelines for upcoming milestones.

It was an inspiring start, full of collaboration and enthusiasm!



## What's Next?

- Transnational Research Launch: Partners will gather data on generational inclusion in their countries.
- Handbook Development: Experts will draft chapters on communication, digital skills, intercultural perspectives, and more.
- TPM in Ireland: Partners will meet in-person once again, this time in Ireland!

Stay tuned for updates on our progress!

## Get Involved

Follow us on social media and visit our website for resources, research findings, and event announcements.

**Let's work together to bridge generational gaps in the workplace!**



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## MYCo Team



**Diciannove Società Cooperativa**  
Genova, Italy  
<https://19.coop/>



**CWEP**  
Rzeszów, Poland  
<https://cwep.eu/>



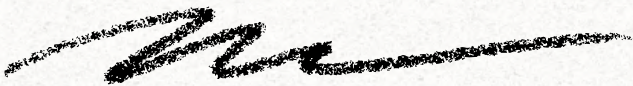
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